



The Reiki Association of Australia Inc. Newsletter

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1226 Burwood Hwy, Upper Ferntree Gully Vic 3156 Phone: 03-9758-7644
 www.heartandsoulcentre.com.au Email: heartandsoul@dodo.com.au

Honouring the Spiritual Practice & Teachings of the Usui System of Natural Healing.

Inside this issue:

- CARO Reiki Convention
- OAMPS Insurance Accreditation
- RAA speaks at the AAMT Convention
- Annual Membership Renewals
- Annual Meeting Overview
- Reiki Share Groups

CARO Reiki Convention 2007

CARO Reiki Convention 2007 was held from the 17th—19th of August 2007 on the Victorian peninsula. CARO stands for Council of Australian Reiki Organisation Ltd. It is an organisation that invites existing Usui System of Reiki organisations to join it for the purpose of supporting the Usui System of Reiki industry in Australia on all fronts, honouring the teachings and lineage of the founder Mikao Usui. CARO endeavors to establish standards and credibility for Reiki Associations such as our Association. CARO a group of associations of Reiki, shall provide a strong voice to government bodies and other professional bodies to bring Reiki to the community. CARO is also in support of self-regulation of the System and teaching of Reiki for its members. CARO will also offer accreditation to Reiki Associations. As such the Reiki Association is in discussion and assessment as to whether we feel this Group, organisation (CARO) of Reiki Associations would benefit and aid our association and members individually.

**** Feedback and suggestions on this matter are welcomed ...**

Q. When is the last time you Nurtured Your Self?

Thoughts... The traditional teachings of Reiki are to awaken the inner self and know oneness. Reiki is more than just a Hands of Healing Modality it is a *spiritual practise!*, with the benefit that one can facilitate healing for others. Practising and living the precepts of Reiki: Meditation, Hands on Healing, Symbols & Mantras, The Five Principles of Reiki, Attunements and endeavouring to development self is a lifetime spiritual practise. Reiki to me is more than a modality that I have acquired but a way of life. The principles, methods and awareness that Reiki has given me, provides me with a fundamental support and practise that I can call upon in my daily life to remind, refresh and allow me to see and experience a more balanced perceptions of life.

Annual Meeting

In May this year the annual Meeting was held, it was a small but fruitful meeting with several topics being covered. Martine & Toni Salerno, Tony & Pamela Bansagi and myself Tammy Jones, all committee members were present as well as Eric Miller and Judith McDonald. The decision was made to reduce the annual fees considerably to \$70 annually for Practitioner member and \$40 for members plus the additionally \$20 for first time members for administration fees.

* The committee decided to advertise, promote the Reiki Association of Australia Inc at the MBS Festival (Mind, body Spirit) in June 2007 to attract new member and reach the wider community, to be a voice and channel to connect. The MBS festival was very successful and helped to show an face to our Association.

*It was decided to spend funds on a banner to aid in promotion of the Association.

*The committee has also revamped all of our membership application forms.

*‘Approved Standards Application Form’ was created so we may ensure the credibility and standards of our members & endeavor to be a professional body with qualified Practitioners.

*The inclusion and acceptance of the Reiki of Australia Inc. Associations ‘Practitioner Guidelines’ and ‘Code of Ethics’ was passed as well.

Distant/Absent Healing

As the *universal life force* flows within and of all things, let us question for a moment the concept of the wording Distant/Absent healing, for there truly is no distance or absence, we are in essence actually just facilitating a healing. For as our concepts and awareness grows we understand that fundamentally we are all connected therefore the healing we support for someone else *just is (no distance or separation)*. As we are all existing simultaneously, and evolving collectively. Nevertheless Distant/Absent healing is a wonderful way to reach and connect with others, with ease and grace, as it does not lend to the limitations of linear time or space.

Termoninlogy and Interpretations...

Upon listening to the Author Frans Stein at the CARO Reiki Convention 2007 a lot of what he shared made sense to me. Frans Stein has written books such as The Reiki Source Book, The Japanese Art of Reiki, the Reiki Techniques Card Deck, A-Z of Reiki.etc..

As Reiki is quite new to our western shores (only coming to Australia in the early 1980's) we use many words and terminology that are somewhat a westernised expression not necessarily the traditional teachings of Reiki. For example the word *Master* is not a word that in japanese culture that would be used as frequently and as easily as we use it. For within japanese culture *Master* is a lifelong journey, a process, not a level of attainment. The word *Sensei* is more likely to be used as a description of someones level of understanding. Fran Stein also spoke about the use of the word Doctor in reference to Mikao Usui, it is thought and reaserach by Fran Stein, that Mikao Usui never actaully attained a Doctorit but this terminology was used as a gesture of reverence to his teachings and understandings of Healing. Sensei is probably more appropopriate to Mikao Usui's background and culture.

OAMPS

The Reiki Association of Australia Inc is excited to offer to our members that we are now affiliated with the OAMPS insurance. Therefore those of you whom are practicing as Reiki Practitioners now have the opportunity to can get coverage for personal Indemnity insurance through OAMPS insurance. Please contact us for any insurance forms and or any information if you need. It is important that if you are practicing in the community that you acquirer insurance as a safe guard for yourself. We are living in the illusion of duality, the dark and light of human experience and nature, therefore all polarites are possible..

The Reiki Association of Australia Inc. connects with the AAMT

Earlier this year in June, Martine Salerno was asked to speak for the AAMT Convention (Australian Association of Massage Therapy) it was a day of sharing and connecting with members of the AAMT some who had not experienced or heard about Reiki and other members whom had and couldn't wait to receive a healing. Myself and a few beautiful practitioners, volunteered to give up a Sunday morning and give what was called ' Wake Up with Reiki', the healings were short & sweet but allowed us to introduce Reiki to the massage community. A special thank-you to Eric, Robyn, Chandini and Dawn for attending the AAMT convention and giving healings and supporting the Association.

Later in the day Martine Salerno gave a very informative & inspiring talk on the basic's and fundamentals of Reiki to a gathering of AAMT members. Martine Salerno has a gift with words and her intent and heart felt knowingness of Reiki and its teachings could be felt through her words. " Reiki is the intelligence that created the whole universe." " We live in a world of energy not a world of just what we perceive through our eyes, words, hearing and touch." During the talk Martine gave the participants a taste of giving and receiving Reiki, it was fascinating to watch as it showed how each and every one of has the innate ability to heal. Healing is not a gift for the select but a gift of sharing for those that chose to stop and listen to their heart. It was great to share with the AAMT members.