



Tammy Jones has been working in the spiritual industry for over 20 years and has studied many philosophies & teachings on healing.

Tammy is a practicing Holistic Counsellor, Meditation Facilitator, Theta Practitioner (Belief Systems), Reiki Master Teacher & Practitioner. Tammy is the former president of The Reiki Association of Australia Inc. A student of various spiritual healing modalities such as Magnified Healing (Kuan Yin Teachings) as well as, Certificate IV in Workplace Training, EFT Emotional Focusing Technique and she developed her own integrated healing methods such as the Soul Map Mastery Courses.

Ultimately Reiki has been her instrument of choice and when sharing with others.

Reiki is a non-invasive Japanese 'Hands on' Healing Modality that supports one's mind, body & spirit.

Reiki is the 'Universal Life Force'.

Reiki gives one an immediate experience of the 'divine.'

"When I sit with another, my heart is open, willing to learn, share and experience together. To assist another in raising their awareness in the most significant or insignificant way is truly humbling. To be a facilitator of Reiki healing & the teaching, inspires, soothes, clarifies and brings peace to my consciousness and that of my client.

I give Thanks!"

## The Five Principles of Reiki

Today, I shall not Worry.

Today, I shall not get Angry.

Today, I will respect & honour all of my Teachers.

Today, I will earn my living Honestly.

Today, I will be Grateful.

For Bookings

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## Reiki Healing Consultations

Individual Consultations - Cost \$130 p/h

Distant Healing - 1hr healing & written guidance



Accredited member of Australian Reiki  
Connection Inc. The Association of  
Australian Reiki Professionals



Honouring the spiritual lineage of  
Sensei Mikao Usui.



Reiki Master/Teacher  
Tammy Jones

REIKI LEVEL ONE

REIKI LEVEL TWO

REIKI MASTERS

REIKI PRACTITIONER

REIKI SHARE CLASSES

MEDITATION

COUNSELLOR

THETA PRACTITIONER

WELLNESS PROGRAMS

SOUL MAP MASTERY

# Re-remembering

# Re-awakening

# What You Already Know

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## REIKI LEVEL ONE

Shoden

The first degree is called Shoden it is the basic teachings for self healing and healings of friends and family.

Prerequisite: Nil

**Outline:** Learn the ancient Japanese modality of Reiki from the lineage of Sensei Mikao Usui.

The course shall cover the basic principles and teachings of Reiki.

- The history □
- Energy philosophies
- Basic Spiritual Understandings
- Practical guides for channeling the Universal Life Force
- Chakras
- The Five Principles of Reiki
- Meditation
- Hands on experience & practice of giving & receiving Reiki treatments.
- Attunements
- Wisdom & knowledge of Healing
- Workbook & Certificate included

Learn ways to support your mind body & spirit through the modality of Reiki .

Duration: 2 x days Time: 10-4.30pm

Investment: \$400

\* see website for more info.

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## REIKI LEVEL TWO

Okuden

The second degree is called Okuden, learning inner and advanced teachings for paying clients and learning the ability and awareness to do distant healings.

Prerequisite: Reiki Level One

**Outline:** Expand on your knowledge & understanding of the healing modality 'Reiki'.

We shall be drawing upon the teachings of Sensei Mikao Usui, the founder of Reiki as we know it today. The course is designed for people seeking to strengthen their connection and confidence in channelling the 'Universal Life Force'.

- Learn the art of Distant/Absent Healings.
- Learn the first three Master Symbols.
- Procedures & Guidelines for a Reiki Practitioner
- Personal Development
- The Three Pillars of Reiki
- Explore the Energetic System i.e. Auric Field.
- Further Hands on experience & practice of giving & receiving Reiki treatments.
- Meditation
- Attunement
- Workbook & Certificate included

This is your opportunity to discover more of your own 'essence'.

Duration: 2 x days Time: 10-4.30pm

Investment: \$500

\* see website for more info.

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## REIKI MASTERS

Shinpiden

The third degree is called Shinpiden, the teacher level. Shinpiden is the mystery teachings of Reiki.

Prerequisites: Reiki Level One & Two

**Requirement:** Enthusiasm & devotion to the energetic spiritual practices are the fundamentals of Reiki. i.e. the facilitation of healing for self & others, Meditation, The Five Principles of Reiki (precepts), The Three Degrees of Reiki, Mantras, Symbols & Attunements.

**Requirement:** A dedication to learn through self exploration, written assessments such as developing your Reiki One manual, attendance to Reiki Share Classes & optional participation in Reiki Workshops, case studies and advanced practitioner teachings.

**Outline:** The mastership enhances your knowledge of the traditional teachings and practises of Reiki.

Discover & integrate all 25 Masters Symbols which includes, your Personal Power Symbol, and the Master Cleansing & Sealing Symbols. Develop your skills and abilities to communicate and teach others. Personal development to further your awareness of self. i.e. emotional release. journey work, journaling, meditation, belief work and other techniques & processes. Explore the Energetic System and energy philosophies both individually and universally. Study the concepts of healing, healers and why people experience sickness. Workbook & Certificate incl.

Duration: 6-12 months approx.

Investment: \$4400 \* instalments per-session.

Time: Individual fortnightly sessions 1½hrs